

ANDHRA CHRISTIAN COLLEGE::GUNTUR

(Day, Evening & P.G.)

NOTICE

Date: 07-02-2023

All the students of M.A. English are hereby informed to submit their names for the Certificate Course on “EMOTIONAL INTELLIGENCE” for the academic year 2023-24 to the H.O.D, Department of English on or before 14-02-2023. The Course will commence from 21-02-2023. The duration of the Course is 30days.

K.E. Jeevan Jyothi

K.E. JEEVAN JYOTHI
M.A., M.Phil
HEAD, P.G. Dept. of English
ANDHRA CHRISTIAN COLLEGE
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Dept.of English(P.G)

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GUNTUR

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Copyto:

1. The Co-ordinator IQAC, Andhra Christian College.
2. The Office Manager, Andhra Christian College

COURSE SYLLABUS

- Unit – I - Fundamentals of Emotional Intelligence
- Unit – II - Personal competence
- Unit – III - Social competence
- Unit – IV - Emotional Intelligence : Measurement and development

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COURSE SCHEUDLE

2022-2023

EMOTIONAL INTELLIGENCE

Total Hours : 30 Hrs

Sl. No.	TOPIC	Hours
1	Introduction to emotional intelligence & wisdom	6 hrs
2	Concept, theory, measurement and application of intelligence	6 hrs
3	Correlates of emotional intelligence	6 hrs
4	Emotional intelligence, culture, schooling and happiness	6 hrs
5	For enhancing emotional intelligence EQ mapping	6 hrs

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ANDHRA CHRISTIAN COLLEGE, GUNTUR, ANDHRA PRADESH

P.G. Department of English

Certificate Course on

EMOTIONAL INTELLIGENCE

Aims and Objectives & Emotional Intelligence.

Emotional intelligence helps you build stronger relationships, succeed at school and work, and achieve your career and personal goals. It can also help you to connect with your feelings, turn intention into action, and make informed decisions about what matters most to you.

Aim :-

However the scale may be useful for individuals who wish to understand their own personal characteristics, so they can better set goals and work to and these goals. Experience problems in areas related to emotional intelligence. Such as difficulties in impulse control.

Objectives of Course :-

Developed self awareness and self management of personal emotions. Explored ways to advance personal emotions intelligence. Recognised emotions in other, responding to those emotions in order to inspire high performance. Understood the consequences of behaviours and weigh decisions before action.

Objective of the Emotional Quotient :-

Emotional intelligence (also known as emotional quotient or EQ) is the ability to understand, use and manage your own emotions in positive ways to relive stress, communicate effectively, empathize with others, overcome challenges and defuse conflict.

Goals of emotional intelligence :-

Professional improvement goals are the targeted objectives individuals set to enhance their skills, knowledge, or career standing with in their professional sphere. These goals serve as clear bench marks, outlining specific achievements or milestones one aims to accomplish in their career tourney.

6 Powerful Objectives of Emotional Intelligence :-

1. To define emotions and Emotional intelligence.
2. To distinguish emotional intelligence from other forms of intelligence.
3. To list the criticality of emotional intelligence in work, life and relationships.
4. To raise personal awareness
5. To positively reframe our perspective of people and situations, in or due to operate and adapt more positively.
6. To recover from negative experiences people and situation quicker.
7. To increase awareness of other and social situation.
8. To enhance working and personal relationships with other.
9. To build a mental mechanism of success in work, life and relationships for the future.

ANDHRA CHRISTIAN COLLEGE, GUNTUR, ANDHRA PRADESH
P.G. Department of English
Certificate Course on
“Teaching English as a Second/Foreign Language in India”
Students Participated

S.No	Student Name	Present
1	Gayathri .G	✓
2	Daniel Harsha.G	✓
3	Hepsi Rani.K	✓
4	Pallavi.P	✓
5	Grace Shanthi Ann	✓
6	Chanukya Sai Krishna.P	✓
7	Bhavani Nikethan.N	✓
8	Uma Maheshwari.N	✓
9	Bhanu Teja.B	✓
10	Maruthi Raj Kamal.S	✓
11	Anil.R	✓
12	Srilatha.T	✓
13	Rama Devi.T	✓
14	Sharmila Tagore.S	✓
15	Jaya Deep Prakash.N	✓
16	Ramya.D	✓
17	Anitha.T	✓

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H.O.D.
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Feb

March

2022-2023

Roll NO	Student Name	21	22	23	24	25	26	27	28	1	2	3	4	5	6	7	8	9	10	11	13	14	15	16	17	18	20	21	22	23	24	25	27
1	Anil.R	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2	Srilatha.T	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
3	Rama Devi.T	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
4	Shamila Tagore.S	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
5	Ramya.D	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
6	Anitha.T	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
7	Pushpalatha.P	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
8	Indira.D	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
9	Deepa.T	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
10	Srikanth.H	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
11	Govind Rajulu.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
12	Sireesha.D	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
13	Hanjula.T	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
14	Praveena.P	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
15	Sowmya.G.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Staff In Charge : Y. Salome Mary

Ka X.E. JEEVAN JYOTHI

Head of the Dept. of English
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ANDHRA CHRISTIAN COLLEGE, GUNTUR, ANDHRA PRADESH

EMOTIONAL INTELLIGENCE

Certificate Course Examination

2022-2023

Time : 2 hrs

Max. Marks : 50m

Section – A (2x5=10)

1. What is Emotional Intelligence ?
2. What are some emotional intelligence interview questions ?

Section – B (4x10=40)

1. What are the 5 main areas of emotional intelligence ?
2. How do you celebrate success ?
3. What is your inspiration and motivation ?
4. What make you angry ? How do you manage your emotion ?

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ANDHRA CHRISTIAN COLLEGE
P.G.Department of English
Certificate Course :Emotional Intelligence
Attendance Register
2022-2023

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[illegible]

"Ye shall know the Truth and the Truth shall set you free"

Andhra Christian College::Guntur

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Accredited with A-grade by NAAC



Estd. 1885

CERTIFICATE

This is to certify that Mr. / Ms. Srilatha.T,
Class M.A, Regd. No. 833 has participated and successfully
completed Certificate Course in Emotional Intelligence conducted by the P.G.
Department of English from 21-02-2023 to 26-03-2023 and obtained Grade A.

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Estd. 1885

CERTIFICATE

This is to certify that Mr. / Ms. Ramya D,
Class M.A, Regd. No. 837 has participated and successfully
completed Certificate Course in Emotional Intelligence conducted by the P.G.
Department of English from 21-02-2023 to 26-03-2023 and obtained Grade A.

K. E. Jeevan Jyothi

Coordinator

K.E. JEEVAN JYOTHI

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